



ACUPUNCTURE & TCM

WELCOME TO HEALTHSPACE AND THANK YOU FOR CHOOSING US!

☐ MR ☐ MRS ☐ MS ☐ DR

FULL NAME

Date:

ADDRESS

PHONE: HOME

MOBILE

WORK

EMAIL ADDRESS

DATE OF BIRTH

OCCUPATION

MARITAL STATUS: M S W D

SPOUSE NAME

PREGNANT? Y / N

NAMES & AGES OF CHILDREN

PRIVATE HEALTH FUND

GENERAL PRACTITIONER

GP ADDRESS & PHONE NUMBER

Who can we thank for referring you to HealthSpace?

Main reason for treatment today

How long have you had this condition? Is it getting better / worse / staying the same?

Does anything make is better?

Does anything make it worse?

Have you received treatment for this condition?

List any other reasons for treatment

MEDICAL HISTORY—This information will help us deliver a safe & effective treatment plan

List any medication you take

List any herbs/supplements you take

Do you have any allergies?

History of injuries, illnesses, surgeries?

Describe your diet

List type and frequency of exercise

I smoke cigarettes per day I drink alcoholic drinks per day

I drink coffees per day I drink litres of water per day

Please indicate if any of these apply to your current health:

Currently pregnant	Y / N	Bleeding Disorder	Y / N	Low Blood Pressure	Y / N	Respiratory Infection	Y / N
Trying to conceive	Y / N	Pacemaker	Y / N	HIV/AIDS	Y / N	Skin Infection	Y / N
Seizures	Y / N	High Blood Pressure	Y / N	Hepatitis	Y / N	Cancer	Y / N

SYMPTOM SURVEY—We need a complete view of your health to give you the best care**Digestion & Elimination**

- ☐ Abdominal Bloating
- ☐ Constipation
- ☐ Loose stools / Diarrhoea
- ☐ Nausea / Vomiting
- ☐ Abdominal pain
- ☐ Excessive belching / flatulence

Musculo-Skeletal

- ☐ Muscle pain
- ☐ Joint pain
- ☐ Muscle tension
- ☐ Arthritis
- ☐ Osteoporosis
- ☐ Muscle weakness
- ☐ Muscle cramping
- ☐ Poor flexibility

Female Reproduction

- ☐ Irregular period
- ☐ Period Pain
- ☐ Heavy periods
- ☐ Light periods
- ☐ PMT
- ☐ Low libido
- ☐ Poor fertility
- ☐ Menopausal symptoms

Stress & Emotions

- ☐ Anxiety
- ☐ Depression
- ☐ Easily angered
- ☐ Irritable
- ☐ Worry / Over-thinking
- ☐ Insomnia / Poor sleep

Head & Throat

- ☐ Headaches
- ☐ Dizziness
- ☐ Sore throat
- ☐ Swollen glands
- ☐ Ringing in ears
- ☐ Poor hearing
- ☐ Poor vision
- ☐ Blurred vision
- ☐ Sinus/Nasal congestion
- ☐ Hayfever

Respiratory

- ☐ Asthma
- ☐ Coughing
- ☐ Phlegm / chest congestion
- ☐ Tight chest
- ☐ Shortness of breath
- ☐ Wheezing

Cardiovascular

- ☐ High blood pressure
- ☐ Low blood pressure
- ☐ Palpitations
- ☐ Bruising easily
- ☐ Chest pain
- ☐ Cold hands and feet
- ☐ Varicose veins
- ☐ Fainting

Male Reproduction

- ☐ Low libido
- ☐ Impotence
- ☐ Poor Fertility

Skin

- ☐ Eczema / Dermatitis
- ☐ Psoriasis
- ☐ Acne
- ☐ Dry Skin

Thirst & Urination

- ☐ Excessive thirst
- ☐ No desire to drink
- ☐ Frequent urination
- ☐ Scanty urination
- ☐ Painful urination
- ☐ Dribbling urine / Incontinence

General

- ☐ Fatigue
- ☐ Frequent colds/flu
- ☐ Feel hot easily
- ☐ Feel cold easily
- ☐ Poor mental clarity
- ☐ Unusual sweating
- ☐ Oedema / Swelling
- ☐ Numbness / Tingling
- ☐ Gain weight easily

What are your short-term health goals?

What are your long-term health goals?

What are your desired outcomes from your care at HealthSpace?

Client Consent

I consent to receive Chinese medical treatment at HealthSpace, which may include herbal remedies, acupuncture and other manual therapies. I understand there is some risk associated with Chinese medical treatments. These risks include bruising, bleeding, pain, burns, skin infections, allergic reactions, interactions with medication and temporary worsening of symptoms. To avoid these risks I will answer all health questions fully and will notify my practitioner of all allergies I have and medication I am taking.

Client Signature Date

HealthSpace provides an appointment reminder service by SMS and may also communicate with you by SMS and email from time to time. All clients are automatically enrolled in this service. If you do not wish to have this service please indicate below:

- ☐ Please do not send me appointment reminders and communications by SMS and email.